

Community Service Interest Inventory

Please check off the kinds of activities that you would be interested in doing as a community volunteer. You may check as many as you like.

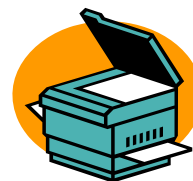
Health-Related

- Deliver mail to people who are sick
- Help make gift baskets for people who are sick
- Prepare and serve healthy snacks for school children
- Teach exercises to community members
- Help put together health information to give to community members



Office-Related Activities

- Help make photocopies
- Shred documents
- Prepare and pack materials for meetings
- Load and unload supplies
- Help prepare and send mailings
- Label envelopes
- Work with files
- Organize office supplies
- Use computer to enter data



Construction/Repair

- Help make repairs using hand tools (hammer, saw, nails, etc.)
- Paint walls, woodwork and other flat surfaces
- Assist putting bookshelves, storage cabinets together



Gardening/Maintenance

- Feed and water plants (indoors or outdoors)
- Help trim & repot plants
- Brush snow from walkways
- Assist with general cleanup (pick up sticks, trash, bottles/cans etc.)



Food

- Help prepare food
- Collect recipes
- Set tables
- Serve food
- Help with cleanup
- Assist with food pickup and delivery
- Help bring food (baskets) to people who need it
- Assist with pickup and delivery of groceries



Animals

- Help care for cats/dogs and other animals at an animal shelter (might include feeding, walking, cage cleaning)
- Assist with socialization of animals at playtime
- Stock supplies
- Help groom animals
- Collect food donations for animals
- Help organize supply area
- Help wash, dry, sort and fold laundry



Children

- Help make materials for classroom/after school activities
- Assist teaching an art activity
- Read a story to children
- Help teach songs to children
- Teach a cooking or baking activity to children
- Help choose library books for the classroom
- Help children on a field trip
- Play games (board, card, computer)



Older Adults

- Assist with an art activity
- Assist with walking (push wheelchair)
- Read newspaper or story
- Help select and bring library books
- Prepare food/snacks for elders
- Help lead singing
- Listen to music with elders



Environment

- Help teach others about pollution and how to stop it
- Assist with clean-up work (neighborhoods, trails, parks etc)
- Help with recycling trash (newspapers, bottles, cans, glass, etc.)

